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Kinetic Analysis of Enzymic Activities: Prediction of Multiple Forms of 17β-Hydroxysteroid Dehydrogenase

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An overview of the application of kinetic methods to the delineation of  $17\beta$ -hydroxysteroid dehydrogenase (17\beta-HSD) heterogeneity in mammalian tissues is presented. Early studies of 17β-HSD activity in animal liver and kidney subcellular fractions were suggestive of multiple forms of the enzyme. Subsequently, detailed characterization of activity in cytosol and subcellular membrane fractions of human placenta, with particular emphasis on inhibition kinetics, yielded evidence of two kinetically-differing forms of  $17\beta$ -HSD in that organ. Gene cloning and transfection experiments have confirmed the identity of these two proteins as products of separate genes.  $17\beta$ -HSD type 1 is a cytosolic enzyme highly specific for  $C_{18}$  steroids such as  $17\beta$ -estradiol ( $E_2$ ) and estrone (E<sub>1</sub>).  $17\beta$ -HSD type 2 is a membrane bound enzyme reactive with testosterone (T) and androstenedione (A), as well as E<sub>2</sub> and E<sub>1</sub>. Useful parameters for the detection of multiple forms of  $17\beta$ -HSD appear to be the  $E_2/T$  activity ratio, NAD/NADP activity ratios, steroid inhibitor specificity and inhibition patterns over a wide range of putative inhibitor concentrations. Evaluation of these parameters for microsomes from samples of human breast tissue suggests the presence of  $17\beta$ -HSD type 2. The  $17\beta$ -HSD enzymology of human testis microsomes appears to differ from placenta. Analysis of human ovary indicates granulosa cells are particularly enriched in the type 1 enzyme with type 2-like activity in stroma/theca. Mouse ovary appears to contain forms of 17β-HSD which differ from  $17\beta$ -HSD type 1 and type 2 in their kinetic properties.

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#### INTRODUCTION

There is a large and growing body of evidence that relative levels of biologically active and inactive forms of  $C_{18}$  and  $C_{19}$  steroid hormones are regulated *in situ* by reversible oxidoreduction of the oxygen function at C-17. These reactions are catalyzed by one or more pyridine nucleotide-dependent enzymes referred to variously as estradiol dehydrogenase,  $17\beta$ -hydroxysteroid dehydrogenase ( $17\beta$ -HSD), 17-ketosteroid reductase or  $17\beta$ -hydroxysteroid oxidoreductase.

Because of the reversibility of this reaction, it was postulated early on that  $17\beta$ -HSD could be an important regulatory enzyme and that the nature of this regulation could depend upon both the level(s) and multiplicity of enzyme forms within a given tissue [1].

of various  $17\beta$ -HSD types [4–8], thus confirming the complexity of  $17\beta$ -HSD enzymology. Additionally, observations made over 30 years ago that forms of liver alcohol dehydrogenase could recognize steroids and various cyclic secondary alcohols as substrates [9, 10] raised questions about the relationship between alcohol dehydrogenase and hydroxysteroid dehydrogenase activities. The structural bases underlying variations in substrate specificity among

This concept was also derived from observations of differences in the subcellular localization and steroid

specificity of  $17\beta$ -HSD activities among various organs

and tissues [2]. More recent studies have extended

activity measurements to include most human and rat

tissues [3, 4], and have supplemented these activity

measurements with Northern blot analyses for mRNAs

interest in enzymology [11, 12]. In this paper, work from our laboratory on the application of enzyme kinetics to the analysis of  $17\beta$ -HSD

these enzyme proteins continue to be of fundamental

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in human term placenta will be reviewed, and an attempt made to delineate useful parameters for analyzing enzyme heterogeneity. Results of our recent application of this approach to human breast, testis and ovary and mouse placenta and ovary are also presented.

# ENZYME KINETICS AND MULTIPLE FORMS OF $17\beta$ -HSD

## 17β-HSD of human term placenta

Ryan and Engel were the first to demonstrate the interconversion of  $17\beta$ -estradiol (E<sub>2</sub>) and estrone (E<sub>1</sub>) by homogenates of human placenta [1]. With the purification of a soluble form of the enzyme from placental cytosol, attention focused on the characterization of that protein. It was soon apparent that it was highly active with E<sub>2</sub> and E<sub>1</sub> as substrates, had measurable activity in the reductase direction with progesterone, but had little or no activity with testosterone (T) [13, 14]. In the same time period, Lehmann and Breuer [15] and Pollow and coworkers [16] presented evidence of microsomal  $17\beta$ -HSD activities in term placenta, and Thomas and Veerkamp concluded from a detailed study of the distribution of  $17\beta$ -HSD in placental subcellular fractions that the majority of activity with T was membrane bound [17].

Those results along with reports that liver alcohol dehydrogenase had activity with steroids under certain conditions [10] prompted us to undertake more detailed studies of soluble  $17\beta$ -HSD of human placental cytosol and membrane bound forms associated with human placental microsomes and guinea pig liver microsomes.

Because initial velocity measurements only give information about the ability of steroids to act as substrates, we also focused our attention on the ability of non-reacting steroids to act as inhibitors, as an alternate approach to estimating relative affinities. In addition, we examined the inhibitory properties of a variety of non-steroidal alcohols with dimensions com-

Table 1. K<sub>1</sub> values for a variety of steroids and non-steroidal alcohols as inhibitors of 17\beta-HSD type 1 purified from human term placenta\*

Inhibitor	$K_{\rm I}$ (comp.)	
Non-steroidal compounds		
Cyclopentanol	37 mM	
Cyclohexanol	9 mM	
1,9-nonanediol	2 mM	
1,10-Decanediol	_	
$C_{18}$ -steroids		
Estradiol-17 $\beta$	$1.0\mu\mathrm{M}~(K_\mathrm{M})$	
Estrone	$0.4 \mu M$	
1,3,5(10)-Estratrien-3-ol	$0.04 \mu\mathrm{M}$	
1,3,5(10),16-Estratetraen-3-ol	$0.17 \mu$ M	
4-Estren- $17\beta$ -ol	$5.2 \mu\mathrm{M}~(K_\mathrm{M})$	
$C_{19}$ -steroids		
Testosterone	$>$ 225 $\mu$ M	
Androstenedione	$>$ 160 $\mu$ M	
5-Androsten-3β-ol	$6.0 \mu M$	
$3\beta$ -Hydroxy-5,16-androstadiene	$1.8 \mu M$	

<sup>\*</sup>The data have been adapted from Blomquist et al. [18].

parable to those of the steroid nucleus as a means of probing the dimensions of the steroid binding site and delineating the apparent minimal requirements for tight binding [18–20].

Data for  $17\beta$ -HSD purified from term placental cytosol are shown in Table 1. The data suggest there is a minimal structure comparable to that of a  $C_{18}$  steroid required for binding and that various  $C_{19}$  steroids such as T are not only not substrates, they do not bind appreciably as inhibitors. It is noteworthy for structural considerations that  $C_{18}$ -17-desoxysteroids appear to bind with a greater affinity than  $E_2$ , and that  $C_{19}$ -17-desoxysteroids also have a high affinity, in contrast with T and androstenedione (A). This suggests the presence of an oxygen function at the C-17 position significantly defines the mode of interaction of these steroids with the active site. In contrast,  $17\beta$ -HSD activity of human placental microsomes and guinea pig liver microsomes have comparable affinities for

Table 2. Inhibition of 17 $\beta$ -HSD of human placental cytosol ( $E_2 \rightarrow E_1$ ) and microsomes ( $T \rightarrow A$ ) and guinea pig liver microsomes ( $T \rightarrow A$ ) by various steroids\*

	$K_1$ (comp.)				
Steroid	Placental cytosol	Placental microsomes	G.P. liver microsomes		
Estradiol- $17\beta$	$1.0\mu\mathrm{M}(K_\mathrm{M})$	0.8 μΜ	9.0 μM		
Estrone	$0.4 \mu\mathrm{M}$	$11.8\mu\mathrm{M}$	$15.8 \mu M$		
Testosterone	$>$ 225 $\mu$ M	$1.3 \mu\mathrm{M}~(K_{\mathrm{M}})$	$8.7 \mu\mathrm{M}(K_{\mathrm{M}})$		
5α-Dihydrotestosterone	$> 200 \mu M$	$1.7 \mu\mathrm{M}$	$5.8 \mu\mathrm{M}(K_{\mathrm{M}})$		
$5\beta$ -Dihydrotestosterone	$>$ 200 $\mu$ M	$1.9 \mu M$	$10.1  \mu M  (K_{\rm M})$		
5α-Androstan-3-one		_	$37 \mu M$		
$5\beta$ -Androstan-3-one			55 μM		
20α-Dihydroprogesterone	$>$ 200 $\mu$ M	$1.5 \mu M$	<u>-</u>		
Ethinylestradiol	50 μM	$0.3 \mu M$			
Danazol	$>15 \mu M$	$0.6 \mu M$			

<sup>\*</sup>The data have been adapted from Refs [18-20].

Where a steroid was not tested is indicated by (-).

both E2 and T (Table 2), but differ significantly from the cytosolic enzyme in their affinities for C<sub>10</sub>-17hydroxysteroids, 20α-dihydroprogesterone and two synthetic steroid derivatives, ethinylestradiol and danazol. These differences are suggestive of differences in amino acid composition of the steroid binding site and mode of steroid recognition between the soluble and membrane bound forms of  $17\beta$ -HSD. They are suggestive of fundamentally important hydrogen bonding between the C-17 oxygen function and an amino acid in the steroid binding region of the type 1 enzyme. The results of recent inhibition studies of heterocyclic derivatives of estrone [21] and kinetic characterization of  $17\beta$ -HSD type 1 isoforms modified by site-directed mutagenesis in baculovirus [22] provide further support for this concept.

The observation of apparently fundamental structural differences in the steroid binding region suggested that the cytosolic and microsomal activities of  $17\beta$ -HSD in human term placenta did not reflect simply the distribution of a single enzyme between the two subcellular fractions, but that there were two distinct forms of the enzyme. This led us to focus our attention on the  $17\beta$ -HSD of human placental microsomes. Here we could observe a relatively high level of activity with T, although still significantly less than that with  $E_2$ .

As an approach to clarifying the relationship between the soluble and membrane bound forms of  $17\beta$ -HSD, we designed experiments in which the inhibitory properties of  $E_2$  and T were compared. Representative results are shown in Fig. 1. It was confirmed that the

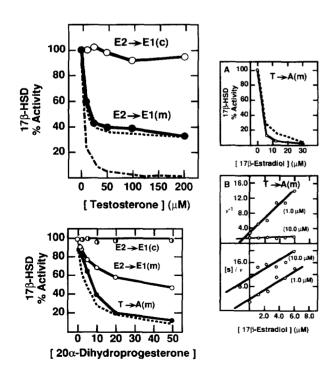


Fig. 1. Inhibition of cytosolic (C) and microsomal (M)  $17\beta$ -HSD activities of human term placenta by testosterone,  $20\alpha$ -dihydroprogesterone and E<sub>2</sub>. The results are adapted from Blomquist *et al.* [23].

Table 3.  $E_2/T$  activity ratios for microsomes from human breast tissue

Tissue type	E <sub>2</sub> /T activity ratio*
Normal, non-adipose	1.75 ± 1.04 (4)
Adipose tissue	$1.93 \pm 1.44 (10)$
Fibroadenoma	$1.19 \pm 0.38$ (2)

<sup>\*</sup>Reaction mixtures contained 1.0 µM [³H] E<sub>2</sub> or [³H]T, 0.5 µM NAD and microsomal protein in 0.08 M bicine, pH 9.0. The rate of product formations was quantified as described by Blomquist et al. [20]. The values used for the ratios were the mean of (n) separate samples assayed in triplicate.

soluble enzyme, which we now know to be type 1, was not affected by T or  $20\alpha$ -DHP. It was also apparent that a portion of the microsomal activity with  $E_2$  was inhibited by T or  $20\alpha$ -DHP, but that up to 50% was not, even up to concentrations of T or  $20\alpha$ -DHP of 50- $200 \,\mu$ M. In contrast, activity with T was inhibited competitively by  $E_2$ .

These findings led us to postulate the existence of at least two forms of  $17\beta$ -HSD, a soluble form highly-specific for  $E_2$  and  $E_1$  and a microsomal form reactive not only with  $E_2$  and  $E_1$ , but with  $20\alpha$ -HSD activity as well [23]. The nature of the microsomal activity with  $E_2$  not inhibited by T or  $20\alpha$ -DHP was problematic, and we speculated it could be type 1 enzyme recovered in the microsomal fraction. Recent data suggest it may be related to a membrane-bound form of  $17\beta$ -HSD highly specific for  $E_2$ , recently purified and cloned from porcine endometrium [24, 25].

## 17β-HSD of human breast

It is now well-established that the  $17\beta$ -HSD enzymology of human breast glandular and adipose tissue, as well as breast tumors, is complex [26, 27]. Immunochemical evidence for the occurrence of  $17\beta$ -HSD type 1 has been presented [28]. Our knowledge of  $17\beta$ -HSD enzymology of breast tissue microsomes, however, is limited.

On the basis of reports showing that microsomes from normal breast epithelial cells and breast neoplasms have a high microsomal estradiol dehydrogenase specific activity relative to cytosol [29, 30], we felt it to be of interest to examine a series of microsome preparations from breast tissue for  $17\beta$ -HSD activity with E<sub>2</sub> and T under conditions identical to those used with placental microsomes. As shown in Table 3, the  $E_2/T$  activity ratio for three different tissue types is low, characteristic of  $17\beta$ -HSD type 2 [6]. When inhibition of activity with E2 or T by 5x-DHT was examined, we detected a pattern similar to that of term placental microsomes in a specimen of breast adipose tissue [Fig. 2(A)]. We also observed inhibition patterns suggestive of the presence of a type 2-like activity in specimens of fibroadenoma [Fig. 2(B)].

These observations suggest breast glandular epithelial cells may be relatively enriched in  $17\beta$ -HSD

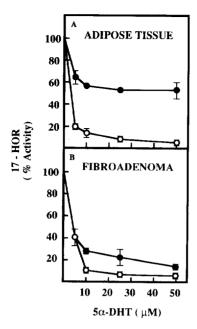


Fig. 2. Inhibition of microsomal  $17\beta$ -HSD activity with  $E_2(\bullet)$  and  $T(\Box)$  of (A) brest adipose tissue and (B) a sample of fibroadenoma by  $5\alpha$ -DHT. Microsomes were prepared and assays run as described by Blomquist *et al.* [23]. The data are the mean  $\pm$  SE of duplicate assays.

type 2-like activity, consistent with previous observations [29, 30], whereas breast adipose tissue shows evidence of the  $E_2$ -specific, microsomal activity noted with placental microsomes [23].

## 17β-HSD of human testis

There is evidence from comparisons of  $17\beta$ -HSD activity of testicular tissue samples from normal males and individuals with testicular feminization of kinetically differing dehydrogenase and reductase activities [31, 32]. There are, however, few data regarding relative activities with  $E_2$  and T. In 1982, Leinonen [33] studied reactivity with  $E_2$  and T in testicular homogenates and observed an  $E_2/T$  activity ratio of less than one.  $17\beta$ -HSD type 3, a reductase, has been cloned from human testicular poly(A)<sup>+</sup> mRNA and shown to be highly specific for NADPH [7]. Attempts to detect mRNA for  $17\beta$ -HSD type 1 [5] and type 2 [8] in

Table 4.  $E_2/T$  activity ratios for testicular tissue subcellular fractions and homogenates

17-HSD					
Fraction	$\mathbf{E}_2$	Т	$E_2/T(n)^*$		
Homogenate	$113.8 \pm 13.2$	$63.0 \pm 8.2$	1.96 ± 0.53 (2)		
Cytosol	$49.0 \pm 26.4$	$17.7 \pm 13.6$	$3.33 \pm 1.25 (3)$		
Microsomes	$95.1 \pm 36.9$	$110.1 \pm 55.8$	$0.99 \pm 0.25$ (3)		

<sup>\*</sup>Reaction mixtures contained  $1.0 \,\mu\text{M}$  [ $^3\text{H}]\text{E}_2$  or [ $^3\text{H}]\text{T}$ ,  $0.5 \,\mu\text{M}$  NAD and tissue fraction in  $0.08 \,\text{M}$  bicine, pH 9.0. The rate of product formation was quantified as described by Blomquist et al. [20]. The values  $\pm$  SE are from (n) separate samples for which activity was assayed in triplicate. Units of activity are pmol/mg protein h.

human testicular tissue have been unsuccessful. To examine this question further, we assayed testicular microsomes and cytosol, as well as tissue homogenates, for  $17\beta$ -HSD activity with E<sub>2</sub> and T under optimal conditions for detecting types 1 and 2 in placental homogenates.

When we assayed a series of tissue specimens with NAD as cofactor, the results shown in Table 4 were obtained. The  $E_2/T$  activity ratio for testicular cytosol of  $3.33 \pm 1.25$  is markedly less than the ratio of greater than 100, characteristic of placental cytosol [18]. The  $E_2/T$  activity ratio for testicular microsomes is characteristic of  $17\beta$ -HSD type 2, but further study will be required to rationalize the kinetic data with the Northern blot analysis for mRNA [8].

A comparison of specific activities with  $E_2$ , T,  $E_1$  and A of a sample of testicular microsomes with those of a sample of placental microsomes is presented in Fig. 3. Quite clearly, relative activities with T and  $E_2$  differ significantly when testicular and placental microsomes are assayed under identical conditions. But with both tissues, optimal dehydrogenase activity assayed at pH 9.0 with NAD as cofactor exceeds reductase activity assayed with NADPH at pH 7.2, consistent with kinetically differing dehydrogenase and reductase activities, as has been suggested [31–33].

## 17β-HSD of human ovary

The results of Tremblay and collaborators demonstrated the presence of  $17\beta$ -HSD type 1 mRNA in human ovary and granulosa cells and led to the

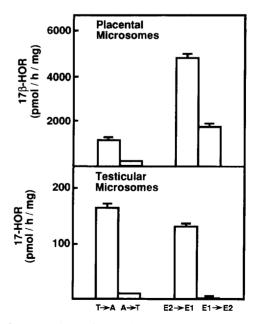


Fig. 3. A comparison of the  $17\beta$ -HSD activities with T, A, E<sub>2</sub> and E<sub>1</sub> of human term placental and testicular microsomes assayed under identical conditions. Microsomes were prepared and assays run as described by Blomquist *et al.* [23]. Reaction mixtures contained 1.0  $\mu$ M <sup>3</sup>H-labeled E<sub>2</sub> or T and 0.5 mM NAD in 0.08 M bicine, pH 9.0, or 1.0  $\mu$ M E<sub>1</sub> or A and 0.5 mM NADPH in 0.08 M hepes, pH 7.2.

Table 5. 17 $\beta$ -HSD activity with  $E_2$  and T and  $E_2/T$  activity ratios for cytosol and microsomes from human term placenta, granulosa-luteal (G-L) cells and pre-menopausal ovarian stroma\*

	$17\beta$ -HSD activity ( <i>n</i> samples)				
Tissue	$E_2$	I.	$\mathbf{E}_{2}/\mathbf{T}$		
Placenta					
Cytosol	$225 \pm 36 (6)$	$1.63 \pm 0.43$ (6)	138		
Microsomes	$70.8 \pm 7.2  (6)$	$20.73 \pm 5.58$ (6)	3.4		
G-L cells					
Cytosol	$98.7 \pm 17.5 (11)$	$0.15 \pm 0.12$ (11)	658		
Microsomes	$3.5 \pm 0.7 (9)$	$0.13 \pm 0.02$ (8)	26.9		
Ovarian stroma					
Cytosol	$0.58 \pm 0.07 (8)$	$0.013 \pm 0.006 (8)$	44.6		
Microsomes	$0.12 \pm 0.03$ (8)	$0.04 \pm 0.01$	3.0		

<sup>\*</sup>The data are from Blomquist et al. [39]. Units of activity are nmol/mg protein 30 min.

proposal that a high level of type 1 may be characteristic of E<sub>2</sub>-producing tissues [5]. Subsequently, Martel and coworkers [4] presented evidence of a high level of activity with both E<sub>2</sub> and T in homogenates of human ovary. In earlier work, Pittaway et al. [34, 35] and Barbieri et al. [36] presented evidence of membrane bound activity with T and A, as well as E<sub>1</sub>, and suggested ovarian  $17\beta$ -HSD enzymology may be complex [37]. Additionally, immunohistochemical studies indicate  $17\beta$ -HSD type 1 is localized to granulosa cells [38]. These observations led us to examine the  $17\beta$ -HSD activity of human ovarian stroma and granulosaluteal cells and to compare it with term placental subcellular fractions assayed in parallel [39], with the objectives of evaluating specific activities with E2 and T and E<sub>2</sub>/T activity ratios under conditions which would allow for a comparison of the two organs.

Results from that study are shown in Table 5. The level of  $17\beta$ -HSD type 1 activity, indicated by cytosolic activity with  $E_2$ , is high and comparable for placenta and granulosa-luteal cells. There are some major differences between the two tissues, as well. In particular, the level of microsomal activity with  $E_2$  of placenta is 20-fold greater and that with T over 100-fold greater than that of granulosa-luteal cells, consistent with the high  $17\beta$ -HSD type 2 mRNA signal on Northern blots of placental mRNA [6] and indicates  $17\beta$ -HSD type 2-like activity is absent or at a low level in granulosa

cells and in stroma/theca, as well. It is also of interest that the  $E_2/T$  activity ratio of granulosa-luteal cell microsomes significantly exceeds that of placental microsomes. This suggests that although the type 2-like activity with T is at a very low level, there is an appreciable level of membrane bound activity with  $E_2$  in these cells.

More recently, we have been able to examine tissue samples from a granulosa cell tumor, a luteoma of pregnancy and a corpus luteum. These were particularly useful because of their homogeneity with regard to cell content and because a large amount of material relative to that from samples of granulosa-luteal cells was available for assay. The results in Table 6 indicate an activity pattern similar to that of granulosa-luteal cells with large cytosolic  $E_2/T$  activity ratios. The specific activity with  $E_2$  of the granulosa cell tumor, which was very homogeneous with regard to cell content, appears to be significantly lower than that of granulosa-luteal cells. This raises the interesting possibility of differences in the  $17\beta$ -HSD type 1 content between nonluteinized and luteinized granulosa cells.

Casey and coworkers [8] were unable to detect mRNA for  $17\beta$ -HSD type 2 in Northern blots of poly A<sup>+</sup> RNA from human ovary. The basis for the discrepancy between the detection of type 2-like activity by direct assay [34–37, 39] and the absence of mRNA by Northern analysis remains to be clarified.

## 17β-HSD of mouse placenta and ovary

 $17\beta$ -HSD activity is ubiquitous in mouse tissues and variations in the  $E_2/E_1$  activity ratio among tissues are suggestive of multiple forms of the enzyme [40]. In a recent study of mouse placenta during pregnancy, we observed a greater than 100-fold increase in a microsomal  $17\beta$ -HSD type 2-like activity during the latter half of pregnancy [41]. In contrast, ovarian  $17\beta$ -HSD activity approximated that of day 9 placenta and was constant from day 9 to day 21, as was the  $E_2/T$  activity ratio (Fig. 4). In preliminary experiments, a similar level of activity was observed in non-pregnant ovary.

Because the specific activity of mouse placental  $17\beta$ -HSD was highest in microsomes, suggestive of a type 2-like activity, we focused initially on the characterization of ovarian microsomes. During the course of those studies, Ghersevich and coworkers [42] reported detecting a type 1-like activity in rat ovary, based on

Table 6. 17 $\beta$ -HSD activity with  $E_2$  and T and  $E_2$ . T activity ratios for a granulosa cell tumour, a luteoma of pregnancy and a corpus luteum\*

	Cytosol			Microsomes		
		Cytoson				
Tissue	$\mathbf{E}_2$	Τ	$\mathbf{E}_2/\mathbf{T}$	E <sub>2</sub>	Т	$E_2/T$
Granulosa cell tumor	$7.26 \pm 1.62$	$0.006 \pm 0.001$	1210	$2.33 \pm 0.15$	$0.03 \pm 0.003$	77.7
Luteoma of pregnancy	$22.81 \pm 0.98$	$0.14 \pm 0.04$	163	$0.98 \pm 0.21$	$0.19 \pm 0.017$	5.2
Corpus luteum (18 mm)	$26.27 \pm 3.36$	$0.014 \pm 0.003$	1876	$0.62 \pm 0.002$	$0.14 \pm 0.01$	4.4

<sup>\*</sup>Reaction mixtures containing 1.0  $\mu$ M [ $^3$ H]E $_2$  or [ $^3$ H]T, 0.5 mM NAD and subcellular fraction of 0.08 M bicine, pH 9.0, were assayed in duplicate as described by Blomquist *et al.* [39].

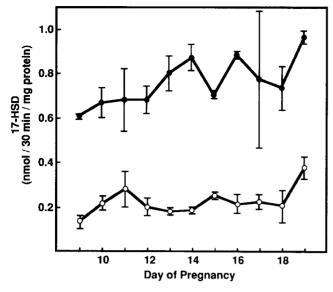


Fig. 4.  $17\beta$ -HSD activity of homogenates of pregnant CF-1 mouse ovary at days 9-19 of pregnancy. Specific activity was measured with  $[^3H]E_2$  or  $[^3H]T$  at  $1.0\,\mu\text{M}$  and with  $0.5\,\text{mM}$  NAD in  $0.08\,\text{M}$  bicine, pH 9.0. Homogenates were prepared and activity quantitated as described by Blomquist et al. [41].

immunoreactivity with antibody to human placental type 1. They subsequently cloned and sequenced a cDNA with  $68^{\circ}_{\circ}$  amino acid identity and  $80^{\circ}_{\circ}$  homology with the type 1 enzyme of human tissues.

These observations prompted us to broaden the scope of our experimentation to include both cytosol and microsomes of non-pregnant mouse ovary and to apply kinetic methods based on our previous work with human placenta and ovary.

Specific activities with  $E_2$  and T of cytosol and microsomes with NAD and NADP as cofactors are shown in Table 7. It is of interest that microsomal activity with  $E_2$  and T approximates that of human granulosa-luteal cells (Table 5). However in marked contrast with human placenta and granulosa-luteal cells, cytosolic  $17\beta$ -HSD specific activity with  $E_2$  and T approximates or is significantly less than that associated with microsomes. Apparent differences in  $E_2/T$ 

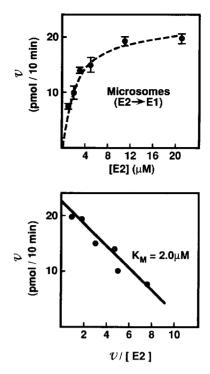


Fig. 5. Estimation of  $V_{\rm max}$  and  $K_{\rm M}$  for microsomal 17 $\beta$ -HSD activity of mouse ovary with E<sub>2</sub>. Reaction mixtures (20  $\mu$ 1) containing 0.5 mM NAD, 1.0, 2.0, 3.0, 5.0, 11.0 or 21.0  $\mu$ M [ $^3$ H]E<sub>2</sub> and 12  $\mu$ g of microsomal protein in 0.08 M bicine, pH 9.0, were incubated at 37°C for 10 min. Ovaries were from nonpregnant, adult Swiss mice. Microsomes were prepared and reaction velocity quantitated as described by Blomquist et al. [41]. The values are the mean  $\pm$  SE of duplicate assays. The dashed line in the figure is calculated for a  $K_{\rm M}$  for E<sub>2</sub> of 2.0  $\mu$ M and a  $V_{\rm max}$  of 23.4 pmol/10 min.

and NAD/NADP activity ratios led us to attempt to further characterize these activities.

An estimate of  $K_{\rm M}$  and  $V_{\rm max}$  for microsomal activity with  $E_2$  is shown in Fig. 5. Over a 20-fold range of  $E_2$  concentrations and with NAD as cofactor, the data are consistent with the presence of a single enzyme with a relatively high affinity for  $E_2$  ( $K_{\rm M}$  of 2.0  $\mu$ M). Similarly, the pattern for microsomal activity with T (Fig. 6) is that expected for a single enzyme with a  $K_{\rm M}$  for T of 19.3  $\mu$ M (dashed line in Fig. 6). The  $E_2/T$  ratio, based on  $V_{\rm max}$  values, of 0.4 is similar to that reported

Table 7. 17 $\beta$ -HSD activity with  $E_2$  and T of cytosol and microsomes from non-pregnant mouse ovary\*

	$17\beta$ -HSD activity			
	E <sub>2</sub>		Т	
	NAD	NADP	NAD	NADP
Cytosol Microsomes	$0.24 \pm 0.01 \\ 2.03 \pm 0.002$	$1.02 \pm 0.003 \\ 1.35 \pm 0.01$	$0.15 \pm 0.01$ $1.44 \pm 0.01$	$0.19 \pm 0.004$ $0.42 \pm 0.003$

<sup>\*</sup>Six ovaries from three animals were combined, fractionated by centrifugation and fractions assayed in duplicate in reaction mixtures containing 1.0  $\mu$ M [ $^3$ H]E $_2$  or T, 0.5 mM coenzyme and cytosol or microsomes in 0.08 M bicine, pH 9.0. The units of activity  $\pm$  SE are nmol/mg protein 30 min. Activity was quantified as described by Blomquist *et al.* [41].

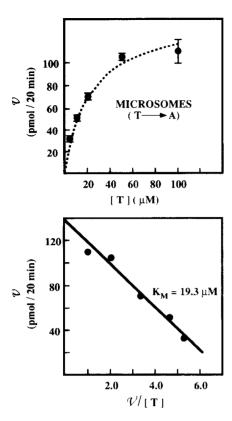


Fig. 6. Estimation of  $V_{\rm max}$  and  $K_{\rm M}$  for T with microsomal 17 $\beta$ -HSD of mouse ovary. Reactions were run at 37°C in reaction mixtures (20  $\mu$ l total volume) containing 0.5 mM NAD, 5.0, 10.0, 20.0, 50.0 or 100  $\mu$ M [³H]T and 12  $\mu$ g of microsomal protein in 0.08 M bicine, pH 9.0. Microsomes were prepared from ovaries of adult, random bred Swiss mice, reaction mixtures fractionated and reaction velocity quantitated as described by Blomquist *et. al.* [41]. The data are the mean  $\pm$  SE of duplicate assays. The dashed line in the figure is calculated for a  $K_{\rm M}$  of 19.3  $\mu$ M for T with  $V_{\rm max}$  equal to 139 pmol/20 min.

for  $17\beta$ -HSD type 2 of human tissues by Wu and colleagues [6].

However when  $E_2$  and T were examined as inhibitors, deviations from the pattern expected for a single enzyme with competitive inhibition between substrates were observed. As shown in Fig. 7, activity with T was inhibited by  $E_2$  and the data fit the calculated line based on competitive inhibition with a  $K_M$  for T of 19.3  $\mu M$  and a  $K_1$  for  $E_2$  of 2.0  $\mu M$ , equal to its apparent  $K_M$ 

Table 8. 17 $\beta$ -HSD activity with  $E_2$  and NADP or NAD of cytosol from mouse ovary, term placenta and G-L cells

	Act	ivity	
Cytosol sample	Ratio (NADP/NAD)		
Mouse ovary	1.13 ± 0.03	0.55 ± 0.01	2.05
Term placenta	$82.42 \pm 0.80$	$155.39 \pm 0.82$	0.53
G-L cell	$40.89 \pm 0.41$	$66.18 \pm 2.79$	0.62

Units of activity are nmol/mg protein  $30 \, \text{min} \pm \text{SE}$  for samples assayed in duplicate. Reaction mixtures containing cytosol  $1.0 \, \mu \text{M}$  E<sub>2</sub> and  $0.5 \, \text{mM}$  NADP or NAD in  $0.08 \, \text{M}$  bicine, pH  $9.0 \, \text{m}$  were incubated at  $37 \, ^{\circ}\text{C}$ .

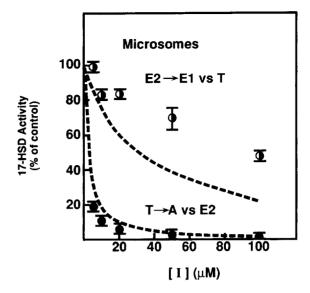


Fig. 7. Inhibition of mouse ovary microsomal  $17\beta$ -HSD activity with  $E_2$  by T and that with T by  $E_2$ . Substrate in each case was at  $1.0\,\mu\text{M}$ . Other reaction conditions are described in the legends to Fig. 5 and Fig. 6. The dashed lines in the figure are based on  $K_1$  values for  $E_2$  and T (equal to  $K_M$ ) of 2.0 and 19.3  $\mu\text{M}$ , respectively, and competitive inhibition in both cases.

value (Fig. 5). In contrast, a significant portion of the activity with  $E_2$  is not inhibited by T, and the results deviate significantly from the pattern predicted for a single enzyme.

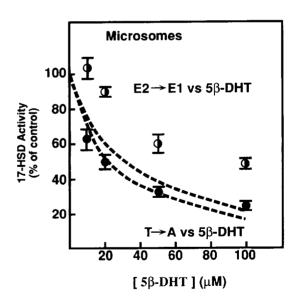


Fig. 8. Inhibition of mouse ovary microsomal  $17\beta$ -HSD activity with E<sub>2</sub> and T by  $5\beta$ -DHT. Reaction mixtures (20  $\mu$ l total volume) containing  $1.0~\mu$ M [ $^3$ H]E<sub>2</sub> or [ $^3$ H]T, 0, 10, 20, 50 or  $100~\mu$ M  $5\beta$ -DHT, 0.5 mM NAD and approx. 15  $\mu$ g of microsomal protein were incubated at 37°C. Reaction velocity was quantitated as described by Blomquist et al. [41]. The dashed lines in the figure were calculated for competitive inhibition with  $K_{\rm M}$  values for E<sub>2</sub> and T of 2.0 and 19.3  $\mu$ M, respectively, and an estimated  $K_{\rm I}$  value for  $5\beta$ -DHT of 19.0  $\mu$ M, based on the extent of inhibition observed with T as substrate and  $10~\mu$ M  $5\beta$ -DHT.

As an alternate approach, we examined the effect of  $5\beta$ -DHT as an inhibitor because of its high affinity for  $17\beta$ -HSD type 2 and extremely low affinity for the type 1 enzyme [20]. As shown in Fig. 8, activity with T was inhibited in a pattern in good agreement with that predicted for a type 2-like activity, but again a significant fraction of the activity with  $E_2$  was unaffected by  $5\beta$ -DHT. These inhibition patterns are suggestive of the presence of two enzymes, a type 2-like activity reactive with both  $E_2$  and T, and also possibly a microsomal activity relatively specific for  $E_2$  and with a low affinity for T or  $5\beta$ -DHT, as described by Adamski and colleagues [24, 25].

Because cytosolic specific activity of mouse ovary  $17\beta$ -HSD with both  $E_2$  and T was highest with NADP as cofactor, we characterized this activity further. Estimates of  $K_{\rm M}$  and  $V_{\rm max}$  for  $E_2$  with NADP as cofactor are shown in Fig. 9. The data agree well with the pattern predicted for a single enzyme with a  $K_{\rm M}$  for  $E_2$  of 9.9  $\mu$ M.

When T was examined as an inhibitor of mouse ovarian cytosolic  $17\beta$ -HSD activity with  $E_2$ , and samples of human term placental cytosol and granulosa-luteal cell sonicate assayed in parallel, the results

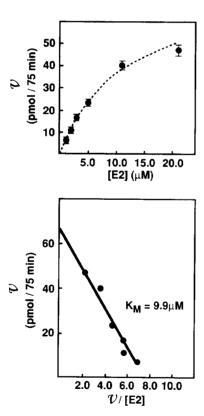


Fig. 9. Estimates of  $K_{\rm M}$  and  $V_{\rm max}$  for  $E_2$  with cytosolic 17 $\beta$ -HSD of mouse ovary. Reaction mixtures (20  $\mu$ l total volume) containing 0.5 mM NADP, 1.0, 2.0, 3.0, 5.0, 11.0 and 21.0  $\mu$ M [³H]E $_2$ , and 3.5 mg of cytosol protein in 0.08 M bicine, pH 9.0, were incubated at 37°C for 75 min. Mouse ovary cytosol from nonpregnant Swiss mice was prepared and reaction velocity quantitated as described by Blomquist et~al. [41]. The dashed line in the upper figure is based on an estimated  $K_{\rm M}$  for E $_2$  of 9.9  $\mu$ M and a value for  $V_{\rm max}$  of 74 pmol/75 min. The data are mean values  $\pm$  SE of duplicate assays.

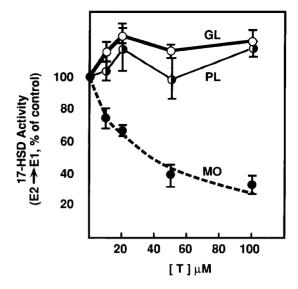


Fig. 10. Effect of T on  $17\beta$ -HSD activity of mouse ovary cytosol (MO), term placental cytosol (PL) and granulosaluteal cell (GL) sonicate with E<sub>2</sub>. Reaction mixtures contained  $1.0~\mu$ M [ $^3$ H]E<sub>2</sub>, 0.5~mM NADP,  $0,~10,~20,~50~or~100~\mu$ M T and cytosol or sonicate protein in 0.08~M bicine, pH 9.0. The values are the mean  $\pm$  SE of duplicate assays. Reaction rate was quantitated as described by Blomquist et al. [41]. Cytosols and sonicate were prepared as described by Blomquist et al. [39, 41]. The dashed line in the figure is based on a  $K_{\rm M}$  for E<sub>2</sub> of 9.9  $\mu$ M and an estimated  $K_{\rm I}$  for T of 31.6  $\mu$ M, based on the assumption of competitive inhibition and the extent of inhibition observed with T at  $10~\mu$ M and  $20~\mu$ M.

shown in Fig. 10 were obtained. In marked contrast with the behavior of  $17\beta$ -HSD type 1, the NADP-dependent  $17\beta$ -HSD activity of mouse ovarian cytosol

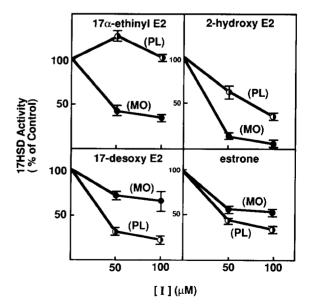


Fig. 11. Effects of  $17\alpha$ -ethinylE<sub>2</sub>,  $17\beta$ -desoxyE<sub>2</sub>, 2-hydroxyE<sub>2</sub> and E<sub>1</sub> on cytosolic  $17\beta$ -HSD activity of mouse ovary ( $\spadesuit$ , MO) and human term placenta ( $\bigcirc$ , PL) with E<sub>2</sub>. Reaction mixtures contained  $1.0\,\mu\text{M}$  [ $^3\text{H}$ ]E<sub>2</sub>, 0, 50 or  $100\,\mu\text{M}$  inhibitor, 0.5 mM NADP and cytosol in 0.08 M bicine, pH 9.0. The values are the mean  $\pm$  SE of duplicate assays.

has a significant affinity for T. The data are consistent with a  $K_1$  for T of approx.  $30 \,\mu\text{M}$  (dashed line in Fig. 10).

Further evidence of fundamental differences between  $17\beta$ -HSDs of mouse ovarian and human placental cytosol was obtained when various  $C_{18}$  steroids were compared as inhibitors (Fig. 11). NADP-dependent activity with  $E_2$  of mouse ovary cytosol appears to have a greater affinity for ethinyl $E_2$  and 2-hydroxy $E_2$  than  $17\beta$ -HSD type 1, but binds  $17\beta$ -desoxy $E_2$  less tightly. The comparable affinities for  $E_1$  are consistent with a significant reductase activity for both enzymes.

These findings suggest the  $17\beta$ -HSD enzymology of mouse ovary is complex, with multiple enzyme forms distributed between subcellular membrane fractions and the cytosol. A microsomal activity is similar in its substrate specificity to  $17\beta$ -HSD type 2, but a cytosolic activity reactive with NADP as cofactor appears to have a broader specificity than  $17\beta$ -HSD type 1 of human placental cytosol and granulosa cells.

That the  $17\beta$ -HSD enzymology of mouse ovarian cytosol might be complex is also suggested by the results of experiments with NAD and NADP added singly and in combination. As shown in Fig. 12, with  $E_2$  as substrate, the activity in the presence of combined coenzymes is not intermediate to that with NAD or NADP alone, which would fit a competitive inhibition model with a single enzyme. It is also less than that predicted by a model with two separate enzymes, each specific for NAD or NADP. The results are suggestive of the presence of more than one cytosolic form of  $17\beta$ -HSD. The structural relationship of these to the multiple cytosolic forms of dihydrodiol dehydrogenase purified from mouse liver [43, 44], which are reactive with  $E_2$  and  $T_2$ , remains to be established.

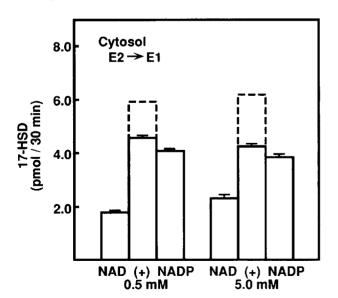


Fig. 12.  $17\beta$ -HSD activity of mouse ovary cytosol with E<sub>2</sub> (1.0  $\mu$ M) and NAD or NADP alone or in combination (+), each at 0.5 mM in 0.08 M bicine, pH 9.0. The dashed lines indicate the predicted total activity for two separate enzymes specific for NAD or NADP.

## CONCLUDING REMARKS

It has been over 30 years since Aoshima and Kochakian described  $17\beta$ -HSD activities in subcellular fractions from liver and kidney of a variety of experimental animals [2] and over 40 years since the short paper by Ryan and Engel reporting on the interconversion of E<sub>2</sub> and E<sub>1</sub> by homogenates of human placenta, endometrium and breast [1]. Until recently, progress in delineating the complexity of  $17\beta$ -HSD enzymology depended on kinetic studies of activity associated with various subcellular fractions and on the purification of soluble or solubilized enzyme proteins. Spectacular progress in cloning and sequencing coupled with the characterization of the properties of  $17\beta$ -HSD isoforms in transfected cells has allowed for the detailed characterization of four distinct gene products with  $17\beta$ -HSD activity. The results presented here suggest there are still other forms to be characterized, and that kinetic studies will continue to be a fundamentally useful part of that process.

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